**WELFARE IN YOUR WALLET**

**Help in an emergency (24/7)**

Emergency services (police/fire/ambulance): **999**

Porters’ lodge: **01865 277 830**

**Non-urgent support (at night):**

Porters’ lodge: **01865 277 830** (between 9pm-7am **07710 916095**)

(for in-college support, including contacting the Junior Deans)

NHS 111: **111** (non-urgent medical advice)

Samaritans: **116 123** (24/7 free and confidential support)

Oxford Nightline **01865 270 270** (8pm-8am confidential peer support)